



दुरितांचे विधिर जावो !

Shikshan Prasarak Mandal's Anadur

JAWAHAR ART'S, SCIENCE & COMMERCE COLLEGE, ANADUR

Tq. Tuljapur, Dist. Osmanabad-413 603

NAAC GRADE - B++(CUPA 2.81)

President :- Shri. B.F.Kasture

Secretary :- Shri. S.N. Alure Guruji

I/C Principal :- Dr.Smt. M.B. Jadhav(Mob.9960242667)

☎ :- (02471) 246037, 246737

Date: 07/09/2017

Notice

[2017-18]

All the faculty members of Sanskrit Department are hereby informed that a meeting of our department will be held on day 25/07/17 under the chairmanship of our head Dr.Satyendra Sangappa Raut to discuss the following agenda. So everyone should attend on time.

Agenda for meeting:

1. To read and confirm the Proceeding of last meeting.
2. To read and confirm the certificate course.
3. To discuss and design the structure of certificate course.
4. To prepare and frame the syllabus of certificate course.
5. To formulate the BOS.
6. To prepare the Time-Table of certificate course.
7. To conduct other activities regarding the course.
8. Timely topics with the permission of chairperson.

HOD

PRINCIPAL

Jawahar Arts, Science & Commerce
College, Anadur,
Tal. Tuljapur Dist. Osmanabad.

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Date: 28/07/2017

Proceeding of Sanskrit Departmental Meeting

Today 28/07/2017 a meeting was held in department of Sanskrit under the chairperson Dr. S.S.Raut (HOD). In this meeting discussion made on how the conduct the certificate course in Yoga and Health All faculties are unanimously agreed to run this certificate course for all UG students. Discussion was successful regarding to construct the syllabus, timetable, the nature of Question paper and the said course admission form. All faculties assured each other to give healthy contribution for running this course and all other efforts needed. Finally all faculties are firmly decided to construct the syllabus, timetable, sample question paper and admission form and to convey to Hon. Principal for further approval from College Development committee.


Dr. S.S. Raut
HOD. SANSKRIT
Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)


SRB- Dr. S.R. Bharti


Principal
Jawahar Arts, Science & Commerce College
Anadur, Tal. Tuljapur, Dist. Osmanabad



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Date : 29/07/2017

To,
Principal,
JASC College, Anadur.
Tq. Tuljapur, Dist. Osmanabad.

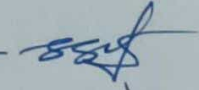
Sub: To get the permission to Sanskrit department to conduct the certificate course in
Yoga and Health for academic year 2017-18

Dear Sir,

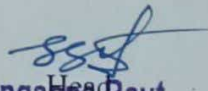
With reference to above cited subject I am kindly informing you that a departmental meeting of Sanskrit was held on date 30/07/2017, in this meeting all faculty are unanimously decided to conduct a certificate course in "Yoga and Health" during this academic year 2017-18. In this meeting we all faculty also make a action plan to run this certificate course with all necessary formalities. So we all the Sanskrit faculty are requesting to you give us approval for said courses.


Attached:

- ✓ Departmental proceeding
- ✓ Time-Table
- ✓ Syllabus
- ✓ Question Paper Pattern
- ✓ Admission form

Dr. S.S. Raut - 

Dr. S.R. Bharati - 


Dr. Satyendra Sangappa Raut
HOD. SANSKRIT
Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)


Principal
Jawahar Arts, Science & Commerce College
Anadur, Tal. Tuljapur, Dist. Osmanabad.



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☎ :- (02471) 246037, 246737

Date: 28/7/17

To,

The Head,

Department of Sanskrit

Jawahar ASC College, Anadur,

Tq. Tuljapur, Dist. Osmanabad.

Subject: Approval to Conduct the certified course for students of Commerce.

As per the decision taken in College Development Committee, you are directed to conduct the Certificate course in **Yoga and Health** in your department for the students of our college. The course should be of 30 hours and be conducted in the academic year 2017-18.

Convey your timetable of the said course to the timetable committee so as to avoid any overlapping of lecturers.


Principal

Jawahar Arts, Science & Commerce College
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Ref.No.JASC/Chem/Syll/BOS/2017-18/

Date: 26/07/2017

To,

1} Dr. S.S.Raut (Chairman)

2} Dr. S.R.Bharti (Member)

Ad-hoc Board in Sanskrit

Ad-hoc Board in Sanskrit

JASC College, Anadur,

JASC College Anadur

Tq. Tuljapur, Dist. Osmanabad

Tq. Tuljapur, Dist. Osmanabad.

Mob: 7387394747

3} Dr. U.S. Salgar

4} Dr. A.M.Chavan

Physical Director

Late L.D.Mahila College, Parali

JASC College, Anadur,

Tq: Parali, Dist : Beed

Tq. Tuljapur, Dist. Osmanabad.

5} Shri. S.D.Bhagwat

Yoga Teacher, Solapur

Subject: Constitution of Ad-hoc Board in Sanskrit (Certificate Courses- Yoga and Health)

Sir/Madam,

Feeling glad to inform your that I pleased to nominate you as a Member/Chairman on the Ad-hoc Board in Sanskrit for this previous year 2017-18 as per provision statute-159 of the university act.

While requesting you to accept this invitation to work on the Ad-hoc Board. I do realize your busy moments in your own field. Yet in view of your expertise in the subject. I shall be thankful if you accept the membership of the Ad-hoc Board for enriching the academic standards of the university through your valuable contribution.

Your appointment shall be governed by and subject to the provisions of the Maharashtra Public University Act, 2016 as amended from time to time.

Kindly communicate your acceptance at the earliest.

Handwritten Signature
Principal

Jawahar Arts, Science & Commerce College
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Date: 29/7/17

BOS Meeting Proceeding

As per requested all BOS member are gathered together to discuss regarding the syllabus of certificate course in Yoga and Health going to conduct by department of Sanskrit during the academic year 2017-18. In this meeting under the chairperson of head of department S.S.Raut, discussion made on designing syllabus as well as how to implement the said course smoothly and fruitful. All members put their view and finally decided the syllabus, duration of one month regular with day to day activities. After vote of thanks expressed by Dr. S.R.Bharati, the said meeting is over.

Dr.S.S.Raut -

Dr.S.R.Bharti -

Dr. U.S.Salgar -

Dr. A.M. Chavan

Shri.S.D. Bhagwat

Dr. Satyendra Sangappa Raut

HOD. SANSKRIT

Jawahar ASC College, Andur,

Tq. Tuljapur, Dist. Osmanabad (Maharashtra)

Principal

Jawahar Arts, Science & Commerce College
Anadur, Tal. Tuljapur, Dist. Osmanabad.

Date: 29/7/17

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☎ :- (02471) 246037, 246737

Name of course : Certificate Course in Yoga and Health

Medium of the Course : Marathi & Hindi.

Duration of the Certificate Course : 1 Month

Eligibility : Admitted to B.A./B.Sc./B.Com Course

Theory Paper Duration : 2 Hrs (40 Marks)

Practical Duration : 1 Hr (10 Marks)

Theory & Practical Examination will be held at the end of academic year and Certificate will be issued by the Jawahar College Sanskrit Department.

योग परिचय –

योग भारतीय दर्शन का अंग है । राजयोग, ज्ञान योग, कर्म योग और भक्तियोग , इस प्रकार योग के विभिन्न प्रकार हे। महर्षि पतंजलि ने अष्टांग योग की व्याख्या की है। यम, नियम, आसन, प्राणायाम, प्रत्याहार, धारणा , ध्यान और समाधि अष्टांग योग के प्रकार है । योग स्वस्थ जीवन जीने की एक पूर्ण प्रक्रिया है।

“स्वस्थे शरीरे स्वस्थं मनः संस्कृत की इस उक्ती के अनुसार एक स्वस्थ शरीर में ही स्वस्थ मन रह सकता है और स्वस्थता मनुष्य का प्रथम धर्म है, क्योंकि, शरीरमाध्यं खलु धर्म साधनम् अर्थात् शरीर ही सभी धर्मों (कर्तव्यों) का मुख्य साधन है। यदि शरीर स्वस्थ है तो हमारे कार्य भी स्वस्थ अच्छे तथा परिपूर्ण होंगे परंतु यदि शरीर ही अस्वस्थ हो तो किसी कार्य में मन नहीं लगेगा प्रकृत किए हुए कार्य भी सिद्ध नहीं होंगे ।

केवल बीमारियों का न होना ही स्वास्थ्य की परिभाषा नहीं है। स्वास्थ्य का अर्थ है हमें शारीरिक मानसिक और सामाजिक रूप में परिपूर्ण होना चाहिए। तत्पश्चात् आध्यात्मिक तत्व भी इसमें जुड़ा हुआ होता है। योग ही स्वस्थ का जीवन का रस्ता है।

योग का स्वरूप –

योग शब्द का प्रयोग प्राचीन काल से वेदों उपनिषदों, गीता और पुराणों में किया जाता रहा है । भारतीय दर्शन में योग एक महत्वपूर्ण शब्द है। आत्म साक्षात्कार और समाधि से लेकर कर्म क्षेत्र तक हमारे शास्त्रों में योग का व्यापक रूपसे व्यापक किया जाता

है । योग दर्शन के प्रतिपादक महर्षि पतंजलि योग शब्द कि व्याख्या मन के संयम के रूप में करत है। योग तब होता है जब अभ्यास और वैराग्य के माध्यम से मन में प्रमाण, विपर्याय, पर्याय, निद्रा और स्मृति के पाच गुण जागृत होते है और मन द्रष्टा (आत्मा) के रूप में स्थित होता है।

भारतीय साहित्य में गीता का महत्वपूर्ण स्थान है। भारत के आधुनिक ऋषियों ने पूरे विश्व में गीता के योग का प्रचार-प्रसार किया है। योगेश्वर श्रीकृष्ण ने गीता में योग का अलग अलग अर्थों में प्रयोग किया है। गीता में अनुकूलता, प्रतिकूलता, सफलता, असफलता, यश, अपयश, जय-पराजय की समस्त भावनाओं के अधीन होते हुए भी उसी आंतरिक दिव्य प्रेरणा से प्रेरित होकर कुशलता पूर्वक कर्म करना ही गीता में योग कहलाता है।

Syllabus :-

- | | | |
|---------------------------|---------------------------------------|------------------|
| 1. योग परिचय | 2. योग का स्वरूप | 3. योग के प्रकार |
| 4. अष्टांग योग की जानकारी | 5. सूर्यनमस्कार का महत्व और लाभ | 6. प्राणायाम |
| 7. आसनोपयोगी नियम | 8. योग का महत्व इस विषय पर मार्गदर्शन | |

अ. सुक्ष्म व्यायाम -

पैरों के लिए व्यायाम, हाथों के लिए व्यायाम, गर्दन के लिए व्यायाम, घुटनों के लिए व्यायाम, कमर के लिए व्यायाम

- ब. योगासनो के नाम -
- | | | | | | |
|------------------------|----------------|------------------|----------------------|--------------------------|----------------|
| 1. शीर्षासन | 2. सिद्धासन | 3. त्रिकोणासन | 4. हस्तपादांगुष्ठासन | | |
| 5. वज्रासन | 6. पदमासन | 7. ताडासन | 8. नौकासन | 9. पश्चिमोत्तानासन | |
| 10. पवनमुक्तासन | 11. हलासन | 12. सर्वांगासन | 13. शवासन | 14. मयुरासन | 15. भुजंगासन |
| 16. धनुरासन | 17. उष्ठासन | 18. मकरासन | 19. शलभासन | 20. बकासन | 21. बद्धपदमासन |
| 22. गोमुखासन | 23. चक्रासन | 24. दंडासन | 25. वक्रासन | 26. अर्ध मत्स्येन्द्रासन | |
| 27. शशाकासन | 28. जानुशिरासन | 29. दिवचक्रिकासन | 30. तोलांगुलासन | 31. सिंहासन | |
| 32. आकर्णधनुष्टंकारासन | 33. ध्रुवासन | 34. नटराजासन | 35. पादहस्तासन | | |
| 36. कोणासन | 37. गोरक्षासन | 38. बालासन | 39. कूर्मासन | 40. मण्डूकासन | |



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☎ :- (02471) 246037, 246737

Date: 29/01/17

Department of Sanskrit

Conducting Co-curricular course

“Yoga and Health”

- | | |
|--------------------------|--|
| 1. Name of Department: | Sanskrit |
| 2. Type of Programme: | certificate course |
| 3. Title of Programme: | Certificate course in “Yoga and Health ” |
| 4. Name of Co-ordinator: | Dr. S.S.Raut |
| 4. Faculty offered: | B.Com II |
| 5. Name of Teachers: | Dr. S.S. Raut
Dr. S.R.Bharti |
| 6. Duration: | 30 hours |
| 7. Theory: | 20 Hours |
| 8. Practical: | 10 Hours. |

Dr. Satyendra Sangappa Raut

HOD. SANSKRIT

**Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)**

Principal

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Date : 25/7/17

Notice

All the students of Commerce faculty are hereby informed that the Department of Sanskrit is going to conduct a certificate course on "Yoga and Health" during this academic year 2017-18 from 01/08/2017 to 07/09/2017 (30 hours).

The interested students may enroll their name with Dr. S.R.Bharti at department of Sanskrit before 25/07/2017.

Co-coordinator

Bhad

Dr. Satyendra Sangappa Raut
HOD. SANSKRIT
Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)

ssg

Principal
Jawahar Arts, Science & Commerce College
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Date 29/7/2017

- Department of Sanskrit
- Jawahar Arts, Science and Commerce College, Andur
 - Add on Course on Yoga and Health
 - Enrollment List of Students 2017-18

Sr.No.	R.No.	Name of the Student	Class
1	CB-26	KUMBHAR SHAMBHULING SUDHAKAR	B.Com. II
2	CB-27	MALKHAMBE DATTA DHULAPPA	B.Com. II
3	CB-28	MULUK PRATIKSHA DEVIDAS	B.Com. II
4	CB-29	NISARGUNDE POOJA SANGAPPA	B.Com. II
5	CB-30	PALAPURE PRASAD UMAKANT	B.Com. II
6	CB-31	PARASHETTI ONKAR MALLINATH	B.Com. II
7	CB-32	PATEL MAULALI MAHEBUB	B.Com. II
8	CB-33	PATEL SAMDHANI MANSUR	B.Com. II
9	CB-34	PATIL AMOL VISHWANATH	B.Com. II
10	CB-35	PATIL MONALI PANDIT	B.Com. II
11	CB-36	PATIL VAIBHAV VILASRAO	B.Com. II
12	CB-37	PAWAR ROHAN AVINASH	B.Com. II
13	CB-38	RAJMANE GOVIND MAHADEV	B.Com. II
14	CB-39	RENKE DHANAJI VILAS	B.Com. II
15	CB-40	SANGVE VAIBHAV VASANT	B.Com. II
16	CB-41	SARDE BHAHUSAHEB HARIDAS	B.Com. II
17	CB-42	SARKALE SANTOSH KAMLAKAR	B.Com. II
18	CB-43	SAVANT VIKRAM APPARAO	B.Com. II
19	CB-44	SHAIKH AKRAM GANEE	B.Com. II
20	CB-45	SHAIKH SALAVEDEEN RASHID	B.Com. II
21	CB-46	SULAGADALE MAHESH SHASHIKANT	B.Com. II
22	CB-47	TAMBOLI SOHEL NIJAM	B.Com. II
23	CB-48	VIBHUTE SHUBHAM RAJENDRA	B.Com. II
24	CB-49	WAGHMARE MONALI HANMANT	B.Com. II
25	CB-50	WAGHMARE RESHMA TRIMBAK	B.Com. II
26	CB-51	WAKALE SHALINII SANGAPPA	B.Com. II

Dr. Smt. M.B. Jadhav (Dr. S.S. Raut)

Head
HUD. SANSKRIT

Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)

Principal

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Department of Sanskrit

Jawahar Arts, Science and Commerce College, Anadur

Add on Course on Yoga and Health

Theory Time Table – 2017-18

Lecture	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Weeks
I	03.30 to 04.30	SSR	SRB	SSR	SRB	SSR	I Week
II	03.30 to 04.30	SRB	SSR	SRB	SSR	SRB	II Week
III	03.30 to 04.30	SSR	SRB	SSR	SRB	SSR	III Week
Iv	03.30 to 04.30	SRB	SSR	SRB	SSR	SRB	IV Week

Practical Time Table – 2017-18

Lecture	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Weeks
I	05.00 to 06.00	SRB	SSR	SRB	SSR	SRB	I Week
II	05.00 to 06.00	SSR	SRB	SSR	SRB	SSR	II Week

List of Faculty Contributing for this Course

- SSR- Dr. S.S.Raut - *SSR*
- SRB- Dr. S.R.Bharati - *Bharati*

Principal
Principal

Jawahar Arts, Science & Commerce College
Anadur, Tal. Tuljapur, Dist. Osmanabad



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Secretary :- Shri. S.N. Alure Guruji

I/C Principal :- Dr.Smt. M.B. Jadhav(Mob.9960242667)

☎ :- (02471) 246037, 246737

Department of Sanskrit

Jawahar Arts, Science and Commerce College, Anadur

Add on Course on "Yoga and Health "

Question Paper – 2017-18

Date: 09/09/2017

All questions are necessary

Each Ques. Carry 2 marks.

Total Marks: 50

- योग का जन्मदाता देश कौनसा ?
a) भारत b) चीन c) अमेरिका d) जापान
- प्राण के कितने प्रकार हैं ?
a) 2 b) 4 c) 5 d) 6
- आंतरराष्ट्रीय योग दिवस कब मनाया जाता है
a) 21 जून b) 15 अगस्त c) 26 सप्टेबर d) 11 दिसंबर
- सूर्यनमस्कार के अंतर्गत कितने आसन किये जाते हैं ?
a) 4 b) 6 c) 9 d) 12
- निम्नमेंसे ऐसा कौनसा आसन है जो खाना खाने के बाद भी किया जा सकता है
a) शिर्षासन b) हलासन c) वज्रासन d) धनुरासन
- एकाग्रता बढ़ाने हेतु निम्न में से सर्वश्रेष्ठ योग है।
a) ज्ञानयोग b) भक्तियोग c) राजयोग d) प्रेमयोग
- महर्षि पतंजलि के अनुसार प्राणायाम के कितने प्रकार हैं।
a) 4 b) 5 c) 7 d) 8
- योग का उल्लेख किस वेदमें मिलता है ?
a) ऋग्वेद b) यजुर्वेद c) सामवेद d) अथर्ववेद
- योग शब्द की उत्पत्ती किस भाषा से हुई है ?
a) हिंदी b) संस्कृत c) फारशी d) तुर्की
- योग शब्द का उद्भव किस शब्द से हुआ है ?
a) युग b) युज c) युज्य d) योग्य
- पहिला आंतरराष्ट्रीय योग दिवस विश्वके कितने देशों में मनाया था ?
a) 50 b) 100 c) 192 d) 205
- योगमें किन किन शक्तियों का विकास होता है ?
a) गुप्त b) मानसिक c) शारीरिक d) उपरोक्त सभी

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13. योग कितने प्रकार का होता है ?
 a) 2 b) 4 c) 6 d) 8
14. पतंजलि योग सूत्रों की संख्या कितनी है ?
 a) 156 b) 192 c) 195 d) 197
15. पवनमुक्त आसन कैसे करे ?
 a) पेट के बल लेटकर b) बैठकर c) खड़ा होकर d) पीठ के बल लेटकर
16. गोमुखासन निम्न से किसमें लाभप्रद होता है ?
 a) नेत्रदोष b) मस्तिष्क रोग c) त्वचा रोग d) पीठ दर्द
17. योग: कर्मसु कौशलम् का सही अर्थ क्या है ?
 a) चतुराई युक्त कर्म b) निष्काम कर्म c) कौशलपूर्ण कर्म d) परिपूर्ण कर्म
18. चित्त का स्वरूप क्या है ?
 a) जड b) चेतन c) स्वप्रकाशक d) दृष्टा
19. ध्यान कितने प्रकार का होता है ?
 a) 1 b) 2 c) 3 d) 4
20. योग विद्या में आदि गुरुमाना जाता है।
 a) श्रीगणेशजी को b) शिवजी को c) पतंजलि को d) श्रीकृष्णजी को
21. किस प्राणायाम से मोटापा कम हो जाता है ?
 a) भस्त्रिका b) उज्जयिनी c) भ्रमरी d) सुर्यभेदी
22. ध्यान करने के लिए कौनसी जगह अच्छी है ?
 a) घर b) रस्ते के किनारे c) चौराहा d) शांत जगह
23. योग कक्षा आमतौर पर किसके साथ शुरू होती है ?
 a) प्रार्थना b) सूर्यनमस्कार c) सूक्ष्म व्यायाम d) योगासन
24. योगाभ्यास शुरू करने से पहिले भोजन के बाद प्रतीक्षा करने के लिए उपयुक्त समय है ?
 a) 30 मिनट b) 60 मिनट c) 90 मिनट d) 2घंटे
25. प्रत्येक योग शिक्षक को अभ्यास सत्र प्रारंभ करना चाहिए ?
 a) प्राणायाम b) आसन c) किया d) मौन



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Date :- 9/9/2017

Notice

All the students enrolled in certificate course in food Sanskrit run by department of Sanskrit are hereby informed that the Department of Sanskrit is going to conduct a final test on "Yoga and Health" during this month on

Time-Table for Exam 2017-18

Sr.No.	R.No.	Name of the Student	Holl.No.
1	CB-26	KUMBHAR SHAMBHULING SUDHAKAR	5
2	CB-27	MALKHAMBE DATTA DHULAPPA	
3	CB-28	MULUK PRATIKSHA DEVIDAS	
4	CB-29	NISARGUNDE POOJA SANGAPPA	
5	CB-30	PALAPURE PRASAD UMAKANT	
6	CB-31	PARASHETTI ONKAR MALLINATH	
7	CB-32	PATEL MAULALI MAHEBUB	
8	CB-33	PATEL SAMDHANI MANSUR	
9	CB-34	PATIL AMOL VISHWANATH	
10	CB-35	PATIL MONALI PANDIT	
11	CB-36	PATIL VAIBHAV VILASRAO	
12	CB-37	PAWAR ROHAN AVINASH	
13	CB-38	RAJMANE GOVIND MAHADEV	
14	CB-39	RENKE DHANAJI VILAS	6
15	CB-40	SANGVE VAIBHAV VASANT	
16	CB-41	SARDE BHAHUSAHEB HARIDAS	
17	CB-42	SARKALE SANTOSH KAMLAKAR	
18	CB-43	SAVANT VIKRAM APPARAO	
19	CB-44	SHAIKH AKRAM GANEE	
20	CB-45	SHAIKH SALAVEDEEN RASHID	
21	CB-46	SULAGADALE MAHESH SHASHIKANT	
22	CB-47	TAMBOLI SOHEL NIJAM	
23	CB-48	VIBHUTE SHUBHAM RAJENDRA	
24	CB-49	WAGHMARE MONALI HANMANT	
25	CB-50	WAGHMARE RESHMA TRIMBAK	
26	CB-51	WAKALE SHALINII SANGAPPA	

Co-coordinator

Dr. Satyendra Gangappa Raut
HOD. SANSKRIT
Jawahar ASC College, Andur,
Tq. Tuljapur, Dist. Osmanabad (Maharashtra)

Principal
Jawahar Arts, Science & Commerce College
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12/09/2017

Department of Sanskrit

Jawahar Arts, Science and Commerce College, Anadur

Add on Course on Yoga and Health

Mark List - 2017-2018

Sr.No.	R.No.	Name of the Student	Class	Marks Obtained	Out of Marks
1	CB-26	KUMBHAR SHAMBHULING SUDHAKAR	B.Com. II	42	50
2	CB-27	MALKHAMBE DATTA DHULAPPA	B.Com. II	44	50
3	CB-28	MULUK PRATIKSHA DEVIDAS	B.Com. II	40	50
4	CB-29	NISARGUNDE POOJA SANGAPPA	B.Com. II	38	50
5	CB-30	PALAPURE PRASAD UMAKANT	B.Com. II	46	50
6	CB-31	PARASHETTI ONKAR MALLINATH	B.Com. II	40	50
7	CB-32	PATEL MAULALI MAHEBUB	B.Com. II	42	50
8	CB-33	PATEL SAMDHANI MANSUR	B.Com. II	44	50
9	CB-34	PATIL AMOL VISHWANATH	B.Com. II	40	50
10	CB-35	PATIL MONALI PANDIT	B.Com. II	38	50
11	CB-36	PATIL VAIBHAV VILASRAO	B.Com. II	46	50
12	CB-37	PAWAR ROHAN AVINASH	B.Com. II	40	50
13	CB-38	RAJMANE GOVIND MAHADEV	B.Com. II	42	50
14	CB-39	RENKE DHANAJI VILAS	B.Com. II	44	50
15	CB-40	SANGVE VAIBHAV VASANT	B.Com. II	40	50
16	CB-41	SARDE BHAHUSAHEB HARIDAS	B.Com. II	38	50
17	CB-42	SARKALE SANTOSH KAMLAKAR	B.Com. II	46	50
18	CB-43	SAVANT VIKRAM APPARAO	B.Com. II	40	50
19	CB-44	SHAIKH AKRAM GANEE	B.Com. II	42	50
20	CB-45	SHAIKH SALAVEDEEN RASHID	B.Com. II	44	50
21	CB-46	SULAGADALE MAHESH SHASHIKANT	B.Com. II	40	50
22	CB-47	TAMBOLI SOHEL NIJAM	B.Com. II	38	50
23	CB-48	VIBHUTE SHUBHAM RAJENDRA	B.Com. II	46	50
24	CB-49	WAGHMARE MONALI HANMANT	B.Com. II	40	50
25	CB-50	WAGHMARE RESHMA TRIMBAK	B.Com. II	42	50
26	CB-51	WAKALE SHALINII SANGAPPA	B.Com. II	44	50

(Dr. S.S.Raut)

Co-ordinator

Dr. Sandhya Sangappa Raut

HOD. SANSKRIT

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Tq. Tuljapur, Dist. Osmanabad (Maharashtra)

Principal

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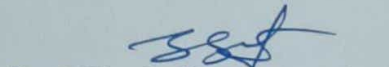
Date: 15/09/2017

Certificate Course Final Report On "Yoga and Health -2017-18"

Certificate course in **Yoga and Health** is completed successfully with fruitful result. As per notice issued by department of Sanskrit for students to made registration for this course, within little time 26 students registered their names for said course. Then by taking MCQ entrance test, we have selected 26 students. Meanwhile we have completed all the required formalities like CDC approval, syllabus design, and lecture distribution and also to nominate BOS members too. We have engaged 30 hours (20 hours for theory and 10 hours for practical). Meanwhile we have also engaged the doubt session also. Finally after syllabus completion we held final exam for said course and all the students enrolled for **Yoga and Health** certificate course successfully passed with good percentage marks. The nature of food chemistry certificate course question paper is of 50 marks. (25 question carry 2 marks each). Near about 14 students scored more than 40 marks, while remaining students scoring in between 37 to 40 marks. After result declaration we have organized a certificate distribution and award function for the students of course in kind presence of Hon. IC Principal. Dr. M.B. Jadhav Madam and our staff members' of Sanskrit department.

Co-ordinator

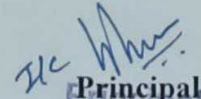

(Dr. S.S.Raut)


Dr. S.S. Raut, Head of Department

HOD. SANSKRIT

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